



Mental Health

Find the Right Mental Health Support with Ease

HOW IT WORKS

- **Tell us about your or your family member's mental health concern** via the Summus platform or a phone call
- **Speak with a Summus Clinical Advisor**, a highly-trained, licensed clinical psychologist or social worker, to help you understand your concern
- If further care is needed, your Clinical Advisor will **find, vet, and connect you with psychologists, psychiatrists, or other mental health professionals** covered by your insurance plan within 1-5 business days



Thank you so much! **The consultations were incredibly helpful** and for the first time I feel like I'm getting my life back on track and finally feeling like my old self again."

Contact us anytime:

+1-917-565-8540 | partners@summusglobal.com

www.summusglobal.com

[DISCLAIMER] Summus offers clinical guidance and referrals, but cannot prescribe medications or provide treatment. If you or someone you know is experiencing suicidal thoughts or having a mental health emergency, call or text the Suicide & Crisis Lifeline at 988 for 24/7, free, and confidential support, or visit the nearest emergency room.



Your team helped me find an amazing pediatric neuropsychologist who recently evaluated my son and **I have no doubt in my mind that we saw the best of the best.**

MONTHLY MASTER CLASSES

You can also tune in to our webinars with leading experts, covering common mental health topics to help you prioritize your wellbeing. Recent topics include:

Stress Management	Burnout	Parenting and Caregiving
Imposter Syndrome	Social Media	Teen Anxiety and Depression

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