



## Focus on Hormonal Health

Holistic support for  
women through every  
stage of life

Our experienced women's health experts provide holistic support, education, and guidance, meeting you where you are on your journey. Whether you're going through a hormonal change due to a medical condition, treatment, stress, pregnancy, menopause, or something else, we're here to support you at every step.

### Top member concerns

- ▶ Irregular or painful menstruation
- ▶ Decrease in libido
- ▶ Body composition changes
- ▶ Insomnia
- ▶ Hot flashes
- ▶ Brain fog
- ▶ Heart palpitations
- ▶ Fatigue
- ▶ Acne
- ▶ Hair loss
- ▶ Sudden mood changes

### What Summus offers

- ▶ Unlimited, virtual access to 1:1 consultations with leading women's health experts
- ▶ Provider recommendations for in-person care
- ▶ Educational resources

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### How to get started



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